COVID-19
Rapid Self-Test Training Summary

1. PREPARE YOUR MATERIALS:
Open the test device and place on a flat surface. Obtain the specimen tube and tap any droplets down. Break the seal and open the blue cap on the tube and place upright in a cup.

2. PERFORM THE SWAB:
Tilt head and perform the swab: Insert 2 cm and rotate 5 times in each nostril.

3. EXTRACT THE SAMPLE:
Transfer the sample from the swab into the tube of buffer solution by swirling and pushing the swab against the wall of the tube 5 times. Squeeze out the swab. Then break the swab off and replace the cap.

4. TEST DEVICE USE:
If there are bubbles, gently tap the tube. Break the seal and open the dropping nozzle cap and dispense 5 drops of solution onto the specimen well (S) of the test device.

5. WAIT FOR RESULTS:
Start a timer and read the result at 15 minutes. Do not handle or move the device. Do not read the result after 20 minutes.

6. TEST INTERPRETATION:
- Negative
- Positive
- Invalid

   If the test is invalid, take another test.

7. WASTE DISPOSAL:
Place the swab, capped tube and test device in the regular household garbage. Wash your hands with soap and water.

8. REPORT YOUR RESULTS IN PAWS:
In the Covid Testing/Symptom Check channel, find the COVID-19 Testing tab. Write the date on the test device and upload the picture. Follow the instructions provided through PAWS.

In PAWS:
- Daily Screening Symptom Check
- COVID-19 Testing
- Summary of notification status
- Status regarding accessing institutional and Reporting you'll not be made